STRAPS: A Community-Based Study of Traffic-Related Particle Exposures and Respiratory Health Among Urban Youth

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Background: Disproportionately high asthma prevalence, morbidity, and elevated exposures to a mix of air pollutants are among the environmental health challenges faced by New York City's communities of color. There is some epidemiologic evidence linking diesel exhaust particle (DEP) exposures to asthma morbidity. The School Traffic and Air Pollution Study (STRAPS) is a community-based participatory research project designed to improve our understanding of the role of traffic-related particulate matter, including DEP, in respiratory morbidity among New York City adolescent residents. Its objective is to answer the question, "Does school proximity to traffic sources influence exposures and health status of school children?"

Design and Methods: Real-time black carbon (BC) and particulate matter (PM_{2.5}) were monitored at four high schools in the NYC metropolitan area. One school, termed S1, was located in a suburban area with lower volumes of traffic. The three urban schools, termed U1, U2 (Bronx), and U3 (Manhattan), represented a range of local traffic impacts from moderate to high. Daily symptom questionnaires were collected from participating students.

Results: Cross-sectional analyses showed that levels of ambient BC were higher at urban schools (median of 1.5 and 1.8 μ g/m³) versus the suburban school (median of 0.6 μ g/m³). Despite differences in traffic patterns, levels of BC at two of the urban schools were similar. Prevalence of asthma and visits to the emergency room for respiratory symptoms among surveyed students were higher at the urban vs. suburban schools (prevalence: 30.8 and 29.4% vs. 12.1%).

Conclusion: These preliminary findings show that urban school children are exposed to higher levels of traffic-related PM and have a higher prevalence of doctor-diagnosed asthma than suburban children.

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